

7.Total Diet Study (Cooked foods) module

1. Are you a farmer? Yes/no (Skip Qs if no)
2. Do you grow any of the following food groups:
 - a. Vegetables and fruits?
 - b. Cereals millets
 - c. Pulses?
 - d.
 - e.
3. Do you consume any of the above?
 - a. Vegetables and fruits?
 - b. Cereals millets
 - c. Pulses?
 - d.
 - e.
4. Did you use any pesticide during the cultivation of the above?
 - a. Vegetables and fruits?
 - b. Cereals millets
 - c. Pulses?
 - d.
 - e.
5. If yes, what were the common pesticides did you spray
 - a. Chloropyrophos
 - b. Triazophos

- c. Monocrotophos
- d. Acephate
- e. Imidachloroquine
- f. Others (specify _____)

6. Do you wash fruits and vegetables before consuming: (Yes/no)

7. If yes, how? (MULTIPLE OPTIONS)

- a. With tap water
- b. With salt water
- c. Wiping with cloth
- d. Any other

8. What type of vessel used for cooking

- a. Aluminum
- b. Stainless steel
- c. Copper
- d. Earthen pot
- e. Others... (specify).

9. Collection of Cooked foods (100 g from each Dish/HH) (*list of foods to be drawn from 24 hours diet survey data*)

Instructions:

- Once the sample is collected, please record the sample code, which needs to be generated from the HH code-NNMB cooked food code, along with food name.
- A pop-up message for the storage container and storage condition also will be appeared.

- Fruits such as Banana, apple, Orange and Salads should not be peeled out. It should be collected as such (one fruit from each sample).

| Variety | Collected (Y/N) | Dish name <i>(to be dropdown menu)</i> | Amount collected (g) | Sample code from NNMB cooked Food code |
|--|-----------------|---|----------------------|--|
| Early morning drinks | | Coffee | | |
| | | Tea | | |
| | | Milk | | |
| | | Juice | | |
| Breakfast | | | | |
| Lunch | | | | |
| Dinner | | | | |
| Snacks and other bakery items | | | | |
| Beverages (Tea/Coffee/Cool drinks/Juice) | | | | |
| Fruits | | | | |
| Vegetable salads | | | | |
| Any other foods (Specify) | | | | |

10. If you eat vegetable/fruit salad, how it is eaten ?

| Salad name | Peeled | Whole |
|------------|--------|-------|
| Cucumber | | |
| Carrot | | |
| Radish | | |
| Beetroot | | |

| | | |
|------------------|--|--|
| Onion | | |
| Tomoto | | |
| Others (specify) | | |